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OUR TEAM:

Janet Holmes
Director

Angela DaPonte
Assistant Director

Patty Lavoie
Office Assistant

Ray Benoit
Bus Driver

Phil Ferreira
Manny Fontes
Maintenance

Michele Blanchette
Nancy Lambert
Dining Assistants

Happy Father's Day



The Tiverton Senior Center

207 Canonicus Street
Tiverton, RI 02878
Telephone: 401-625-6790
Fax: 401-625-6793
Email: seniorcenter@tiverton.ri.gov

JUNE 2022



Art for Your Mind presents: ***The Art of America's Unique Regions***
Thursday, June 2nd at 10:15 a.m.



Art For Your Mind is an engaging, educational, art observation experience designed to broaden the minds of its participants. Presentations are for people of all backgrounds – artists and non-artists alike. With this month's featured topic:

The Art of America's Unique Regions, you will experience a collection of images describing America's diverse landforms, lifestyles, cultural influences and historic events. From New England to the Midwest to the West Coast, see how artists' creative decisions portray the regions they come from.



AARP Smart Driver Refresher Course-June 3rd and June 6th

Take the **AARP Smart Driver** classroom course and you could save on your car insurance! Attend **both** sessions:
Friday, June 3rd from 12:30 to 3:00 p.m. and
Monday, June 6th from 1:00 to 3:00 p.m.

**\$20 for AARP Members and
\$25 for non-members**

Register by calling 401-625-6790



Many participants may be eligible for multi-year insurance discount after taking the course. Participants are encouraged to check with their insurance agent to see if they are eligible. There are **no** tests required to pass the course.



Yeah! Celebrate Summer

Strawberry Shortcake Social Returns!!

Friday, **June 17th** at 1:00 p.m. **\$3** per person

Join Us for a native strawberry delight!

Connelly Law presents: Elder Exploitation~ Thursday June 23rd at 10:00 a.m. Financial exploitation is a fast-growing form of abuse of seniors & adults with disabilities. Situations of financial exploitation commonly involve trusted persons in the life of the vulnerable adult.



ACTIVITIES AT A GLANCE

TOPS – Monday at 9:00 a.m. in Game Room.

Exercise with Deb—Mondays & Wednesdays 9 a.m. and Fridays at 10:15 a.m. \$3

Quilting for Charity meets every **Monday at 10:00-3:00 p.m.**

Pitch League- Hi, Lo, Jack meets **Mondays at 12:30 p.m.**

Chair Yoga with Shirley—Tuesday's at 9 a.m. Class fee is \$3.00 per class.

Drums Alive! with Jessica-Tuesdays at 1:30 p.m. Class fee is \$3 per class.

Tiverton Library Services sponsored Book Club Tuesday, June 21st at 10:15 a.m.

Mahjongg– Tuesdays and Fridays, beginning 11:30 a.m.

Wednesdays: 12:30 Cribbage & JamBalaya Jammers/Dining Rm & Chorus/Lounge

Balance Class with Jess-Thursdays at 9:00 a.m. Class fee is \$3 for members

Art For Your Mind-Thursday, June 2nd at 10:15 a.m.: America's Unique Regions

Center Meetings will be held on **Thursday June 30th at 10 a.m.**

FREE Wellness Check with Nurse Terry-Thursday, June 16th 10-11:30

BINGO-Thursdays!!! Starts at 1:00 PM June 2,9,16,23,30

Knitters for Charity-Thursdays at 1:00 p.m.

Zumba with Jessica—Fridays at 9 a.m. Fee is \$3.00 per class

**Mark Rudd's
Computer
Tutorial
Wednesday,
June 15th at
10:00 a.m.**

Members pay \$3 for classes.
Non-members pay \$6 for
classes. Become a member
for \$5 a year and
save money!!



TOPS– Take Off Pounds Sensibly

Come join our Monday Morning
Group` weigh-in begins at 9 a.m.
with our weekly meeting at 10 a.m.
New members welcomed!!

SHIP~ SENIOR HEALTH INSURANCE PROGRAM

SHIP counselor will meet with folks weekly **by appointment**
to assist with health insurance/Medicare needs. Call **Trudy
Conroy at 401-447-7660** to schedule an appointment



CARE GIVER SUPPORT GROUP

Alzheimer's and Care Giver Support Group will meet on **Monday, June 13th
and Monday, June 27th from 2:30 to 3:45p.m.**; Nurse Care Manager:

Janet Grapentine facilitates this group.

New care givers are welcome.



**BINGO 1:00 PM
SHARP!**

Thursdays!

**June 2nd, 9th, 16th,
23rd and 30th**



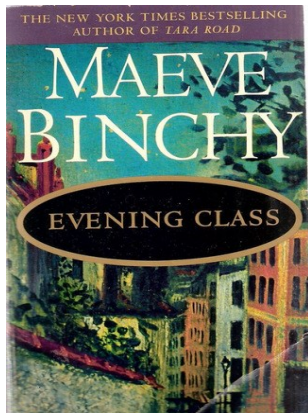
CENTER MEETING for the month of JUNE will be on Thursday, JUNE 30th at 10:00 A.M.

The purpose of this meeting is to discuss our financial status, the condition of the building and grounds,
fund raising, activities, special events, and classes or activities that you would like to see at the Center.

The Senior Center needs **YOU** to keep it moving along with fresh, new ideas and new members who
actively participate. We need to keep our Center membership and our meal-site participant numbers
growing.. The success of our Senior Center depends upon everyone's involvement. Please join us at
our monthly meeting & lend your support and ideas.



Ray continues to bring Tiverton seniors and folks with disabilities to either
our Center or shopping on Tuesdays & Wednesdays. Please call 625-6790
to reserve your spot. Bus trips are not individualized. Shopping Bags are
limited to four per person. **Remember: Ray is the Boss of the Bus!!**



TIVERTON LIBRARY SERVICES presents "Words for Wisdom" a Book Group hosted by Tiverton Library's **Maureen Iwanski**. This month's book is

"Evening Class" by Maeve Binchy. We will meet on

Tuesday, June 21st at 10:15 a.m.

Please feel free to attend on the above date at the Senior Center.

New members are welcome at any time.

Suggestions on authors and books are gladly accepted.

Large Print Books are available in office. All are Welcome!



Art Class with Kristen

Come Join Us for Our Summer Session.

Paint along with Kristen and you too can create a masterpiece!

Friday, **June 24th** from **1 to 3 p.m.** **\$15** per person



Happy Birthday!

Celebrate JUNE 2022!

Betty Weeden	01	Loretta Clark	09	Vivian Fitzgerald	19
Doris Powers	02	Deborah Mello	09	Lauren Boudreau	20
Rose Furtado	02	Evelyn Ibbotson	10	Eugene Lavoie	21
William "Bill" Behm	05	Susan Starrett	10	Patricia Atkinson-Santos	21
Natalie Oliveira	05	Doris Peacor	11	Sandra Richardson	21
Richard Tavares	05	Michael Pacheco	11	Delores Soares	22
Barbara Luther	06	George Jackson	12	Liz Cottrell	25
Robert Barlow	07	Joyce Stevens	12	Patricia "Pat" Souza	28
Elaine Koch	07	Gerrie Larrabee	13	Gerald Sullivan	28
Patricia Bowlus	07	Raymond Oehrtmann	14	John Fortin	28
Thomas Cordeiro	07	Irene Spomer	16	Gayle Lawrence	28
Joseph Brum	08	Madeline Theresa	16	Louise Robinson	29
		Judy Medeiros	17	Carol Castro	29
		Joan DeNardo	17	Ana Oliveira	29
				George Poirier	29
				Leo Braz	30
				Susan Millard	30
				James Davis	30



Celebrate Dad~ Sunday June 19th



Some More **JUNE** Happenings for You to Check Out:

URI Pharmaceutical Outreach Program: Thursday June 9th at 10 a.m.



This month's topic is: **Caffeine**. Have you ever wondered where caffeine comes from & what it does to your body? Why do people crave caffeine & why it gets added to many products? Who should limit its intake & what products to watch out for.

Does your decaf have caffeine?



Nurse Terri Gomes from Visiting Nurse –Home & Hospice will be doing **Free Blood Pressure Screenings** on Thursday, **June 16th** from 10:00 a.m. to 11:30 a.m.



Computer Tutorial with Mark Rudd



Mark Rudd will provide computer instruction for those who are interested in learning or improving computer skills.

Mark's class will be held **10 to 11:30 AM on Wednesday, June 15TH**. Please call 625-6790 to register & indicate what you would like to learn.



LIVE MUSIC every Wednesday beginning at 12:30 p.m.

Come Enjoy the sweet sounds of the **JamBalaya Jammers**



KARAOKE

Come Join in the fun on Monday, **June 20th** from 1:00—3:00 p.m.
~ Hundreds of songs to choose from!
Come tickle your heart with song!!